

Frying Pan Farm Park presents

# The Self-Sustaining Gardener

Come to Kidwell Barn on Saturdays and see what it means to start a sustainable garden in your community. Learn the holistic approach to growing healthy and productive food plants year after year. We will study the science of soil, catch and identify creatures that help our plants grow, and discuss gardening strategies.

Participants who purchase a garden starter kit will walk away with a container garden full of soil, seeds, a way to attract pollinators, and knowledge to make it thrive throughout the year.

*Does include roughly one mile of hiking*



**Ages  
14+**

*Join the grow local, eat local food revolution at your favorite farm park!*

Register at [www.fairfaxcounty.gov/parks/fpp](http://www.fairfaxcounty.gov/parks/fpp) or call (703) 437-9101.

Time	Dates	Program	Program with Kit
1:30pm	Sat 4/26/14	<a href="http://www.fairfaxcounty.gov/parks/fpp">2822018007</a>	<a href="http://www.fairfaxcounty.gov/parks/fpp">2822018002</a>
1:30pm	Sat 5/17/14	<a href="http://www.fairfaxcounty.gov/parks/fpp">2822018008</a>	<a href="http://www.fairfaxcounty.gov/parks/fpp">2822018003</a>
10:00am	Sat 5/31/14	<a href="http://www.fairfaxcounty.gov/parks/fpp">2822018009</a>	<a href="http://www.fairfaxcounty.gov/parks/fpp">2822018004</a>
1:30pm	Sat 6/14/14	<a href="http://www.fairfaxcounty.gov/parks/fpp">2822018010</a>	<a href="http://www.fairfaxcounty.gov/parks/fpp">2822018005</a>

**Cost**

\$6 per person  
\$20 with kit

*Kit includes pot, soil, & seeds.*



For accommodations or to receive this information in an alternative format call 703-324-8563 TTY: 703-803-3354